



## A Comprehensive Weight-loss System

### Before Breakfast Color Packet

Calcium Plus • 2 caplets  
ActoTherm SR • 1 caplet  
ProBiotic Restore™ ULTRA • 1 capsule

### Before Lunch Color Packet

Calcium Plus • 2 caplets  
BioTherm • 2 capsules

### Take with a meal White Packet

CorePlex® • 3 caplets

### Take with a meal White Packet

OmegaPlex® • 2 softgels  
Amplify A.T. • 1 softgel



◀ Before Breakfast

◀ Before Lunch

◀ With a meal

◀ With a meal



14-Day Supply

Listed below are the primary function(s) of each component that makes up MNS<sup>®</sup> Max 3:



**ActoTherm SR:** Based on an exclusive blend of botanicals including cinnamon, gotu kola, ginger and peppermint, this time-honored AdvoCare original product features sustained-release action to aid in preventing a spike and drop-off of energy throughout the day.\*



**BioTherm:** A unique weight-management aid developed by AdvoCare that combines oolong tea, effective botanicals and the B vitamin, biotin, to support weight control.\* The synergistic combination of ingredients in BioTherm helps your body convert fat into energy.\* Biotin is also used by the body to facilitate the conversion of food to energy. It acts as a coenzyme in several metabolic reactions that aid in the metabolism of fats and carbohydrates and the conversion of amino acids from protein into energy.\*



**CorePlex<sup>®</sup>:** Each serving of CorePlex provides 36 vitamins, minerals and nutrients in a highly absorbable form so you can enjoy the advantages of complete core nutrition.\*



**OmegaPlex<sup>®</sup>:** OmegaPlex is a blend of EPA and DHA omega-3 fatty acids that's high in purity and effectiveness. Omega-3s are essential for a multitude of biological and physiological functions, including proper brain development, strengthened immune and cardiovascular systems, and healthier skin and hair.\*



**ProBiotic Restore™ ULTRA:** Probiotics are beneficial microorganisms that confer health benefits on the host. ProBiotic Restore ULTRA helps replenish normal beneficial intestinal microflora to support healthy immune and intestinal function, while aiding good digestion and enhancing weight management programs.\*



**Calcium Plus:** Bones and teeth need far more than calcium alone to stay strong and healthy. They need a balanced array of minerals including magnesium, manganese, zinc, copper, boron, silicon and potassium plus vitamins C, D, K and more. Calcium Plus is an incredibly effective way to ensure you receive enough calcium to keep bones and teeth strong and healthy.\* Calcium Plus delivers two types of highly absorbable calcium, combined with other minerals, vitamins and botanicals.



**Amplify A.T.:** A revolutionary formula that combines two potent and unique natural ingredients that produce advanced nutritional benefits.\* These two super-nutrients, astaxanthin and tocotrienols, are the real secret behind the power of Amplify A.T. For anyone who wants to fight the aging process, Amplify A.T. can help by strengthening the immune system, maintaining healthy blood pressure levels already in the normal range, and providing excellent nutrition for joint health and mobility.\* It provides excellent support for skin too, by vitalizing the appearance of skin, helping to reduce the formation of wrinkles and maintaining healthy skin tone.\* Its ability to help reduce muscle fatigue and muscle damage while enhancing muscle recovery provides an edge to any athlete.\*